



Dementia - Caring for the Carers

THE DEBENHAM PROJECT

# The Rural Dimension



**Suffolk: 52% live in a rural community**      **UK: 41%**

**Population: 6,500**      **Size: 4 mile radius**

**Frailty: 200+ (42% with dementia)**

**Distance: 7, 10, 14 miles**

**Cost: > £6.7 M pa**



# The Debenham Project

(April 2009)

DEBENHAM

“There is an obvious need”

“Get on and do something”

“Focus”

“7, 10, 14 miles is too far”

“Tell us what to do”

“But have a Vision”



# THE DEBENHAM PROJECT



**Dedicated to the support of  
Carers of those that have  
symptoms of Dementia and  
those they Care for**





# The Debenham Project (Oct 2012)

Information and Advice Centre

Carers' Club and Info Café

Activities and Social Sessions

Dementia and MCI Clinical Support

Confidential Telephone Helpline

Medication Management

Carers Co-op - Professional Care and Support

Emergency (Voluntary) Respite Care

Fit Club - Exercise Therapy



# A Community Led and Owned Project

- Local Provision of Services
  - Voluntary Provision of Services
  - Drawing in Professional Services
  - Services Tailored to Local and Individual Needs
  - Access to Information and Services through a Single “Doorway”
  - Holistic
- 



# Achievements (Oct 2012)

- Support for over 60% of the estimated number of families coping with dementia
- 75 – 85 regular participants
- 175+ client sessions per month
- 100+ volunteers “on the books”
- Community awareness
- Recognition

- **Make it Local**
- **Make it Simple**
- **Make it Work**

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# Debenham

A Dementia Friendly Community 

