

Hello everyone,

“Didn’t we have a lovely time, the day we went to Bangor”

Well, actually it was Felixstowe, and to my regret I was unable to join the party at The Hut, but I was left in no doubt by those that did go that it was a smashing occasion for everyone - A traditional day out at the seaside with a fish and chip lunch, right on the front at The Hut, and beautiful sunshine, and an inviting sea for a swim. I have heard that there was one person who took the plunge but I am not sure how many of the other 25 there were that might have “rolled up their trouser legs for a paddle”. And for those who wished, a pint of Adnam's, or a glass of wine helped to make the afternoon sun even more mellow. Yes indeed, a great event – definitely one to remember.



So, very many thanks to Joy Walton who managed it so successfully, and also to her volunteers. I know it took a great deal of time, effort and experience.

Please remember that we can receive donations via the Co-op (just ask for your dividend to be given to **609313**) and on-line using the button on the home page of our website (below). Also don't forget, we have wheelchairs for loan if you need one for a few days

With best wishes, Lynden

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