



Hello everyone,

One of the great pleasures of looking after The Debenham Project is the many many thanks I receive from all sorts of people both in our community and beyond its boundaries. And in turn to be able to thank all those who make the project possible – our volunteers, donors, supporters, sponsors, and especially those who participate in our activities and events – family carers, those for whom they care, and others who find things just a little bit better because of the things we do. Unlike projects that are managed by the local authorities and the NHS, our success cannot be measured by numbers. It is measured by its community spirit and the goodwill and wellbeing that flow from it. The evidence for this lies in the great atmosphere in our groups and activities, the pleasure that people have both in participating and volunteering, the way people are always happy to help, the regular occasions when a generous donation comes through the letterbox, etc. Not easy to quantify but they are the real indications that, together, we are “making a difference.”

I particularly want to express to all our volunteers and donors the gratitude of those who we try to help by sharing just a few (out of many) kind words that have been said to me recently:

“The Project feels like a family – everyone understands our difficulties and cares without being asked.” “He was just lovely taking me to my hospital appointment.” “We had a lovely meal at the lunch club and everyone is so friendly.” “I didn’t know what to expect but it is amazing – especially the cakes!” “When I can’t come, I really miss all the laughter.”

And to add my own thanks for the two ladies have offered to join our transport network giving lifts to medically related appointments. Also, very many thanks to the family and friends of Greta Cook for their generous donation in her memory, and for other donations we have received.

Finally, please note that there will be no groups or activities taking place between October 31st and November 11th due to the refurbishment of the kitchen in Dove Cottage, and don’t forget that if you need to borrow a wheelchair, just ask.

With best wishes, Lynden

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www.the-debenham-project.org.uk