

PROGRESS REPORT

Presentation to the Trustees

Background – About me



- Worked as a Carer for nearly 10 years
- BSc Hons in Physical and Mental Health Psychology
- Carers' Liaison from July 2010
- Lynden discussed with me the role of Carers' Co-op Facilitator and Volunteer Co-ordinator.

Why this project developed...

□ Carers' Co-op

- Aware of some top quality self-employed carers in the local area. It is difficult for them to get DBS (CRB) checks and training.
- Families contact and ask for suggestions.
- Agencies are not known to deliver in this area and their reputations are not always the best.

□ Debenham On-Call

- Wickham Market and District Family Carers are a successful group of volunteer carers.
- When families have a crisis, the family carer needs a break or has an important appointment, they do not know where to turn.
- Why not try and develop this as well...

How the Project developed....

- The Debenham Project were presented with an award of £10,000 by the Suffolk Foundation (supported by Suffolk County Council). The trustees decided to use this money to fund the Carers' Co-op and Volunteer Carers initiative.
- Christies Care offered to provide both self-employed carers and volunteer carers with training free of charge and to also be the umbrella organisation for our DBS checks.
- Sue Ryder offered to provide end of life training for any carers who may need it.

Christies Care

The logo for Sue Ryder, featuring the name 'Sue Ryder' in a blue, cursive script font.

Brief Description of the year...

Carers' Co-op

- Two local Self-employed carers said “yes, let’s go ahead”
- A third joined
- One family still awaiting care
- More SEC’s contacted
- No availability
- All have agreed to complete DBS
- Completed references
- Arranged register

Debenham On-Call

- 16 Volunteers turned up to initial meeting
- 8 Trained, DBS & available
- Meetings x 3
- 4 Dementia Awareness Training Sessions
- Maintaining momentum and building awareness so family carers know who to contact when they need someone

What has been achieved?

Carers' Co-op

Client	Carer	Date Contacted	Date Started	Days	Hours	Time	Status	Date ended
A V	M W	31.01.13	07.02.13	Every Thursday	3 hours	AM	Ongoing	
A B		12.03.13		TBC	TBC	TBC	Awaiting SEC	
A B		09.04.13		Every morning	1hr	8am	Awaiting SEC	
M C	J M	22.03.13	02.04.13	Every day when family are away	1 hour	x 2 daily	Ongoing when family go on holiday	
R T	J M	04.06.13		Tues, Wed, Thurs, Sat	1 hour	9am	Client cancelled	
R T	M P	04.06.13		Mon,	1 hour	9am	Client cancelled	

What has been achieved?

Debenham On-Call

□ *Dear Sam*

The family of B would wish to thank you for the help of Debenham On-Call volunteer for sitting in four mornings for a short period, in case, help was needed as we were one pair of hands short.

We have enclosed a token for the Debenham Project, towards funds,

Many thanks

B's daughter

Debenham On-Call

Client	Carer	Date	Time	Hours completed	Milage	Expenses	Expenses paid
B B	J M	18.03.13	6.50am	Not needed			
		19.03.13	6.45am		0.75		
		20.03.13	6.45am		0.75		
		21.03.13	6.45am		0.75		
		22.03.13	6.45am		0.75		
A V	S O	31.05.13	2.30pm		1.5		
R T	HG	04.06.13	10.45am		1	8	
R T	D J	05.06.13	09.00am		1		
		06.06.13	09.00am		1		
R T	J I	07.06.13	09.00am		1		
Total:					8.5	8	0

Other achievements -

1. Building Awareness at the Flu Jab Day in Debenham. Everyone who came along went home with a leaflet.
2. Two Dementia Awareness Sessions – (14.03 / 28.03)
 - ▣ Successful turn out to both evenings; 33 people at the first and 29 at the second.
 - ▣ Helped to build awareness and understanding of Dementia to local organisations, businesses and interested people.

Future Plans

- **Carers' Liaison Role – Conflict of Interest**
- Care Manager responsible for developing a new quality domiciliary care agency in Mid Suffolk and Bury St. Edmunds.
- Sharing my Carers' Liaison role with another volunteer, Stephanie Tompkins.
- Stephanie will send email reminders about Carers' Club and the bi-monthly Newsletter and Diary.
- Continue to keep in touch over the phone
- Attend the Carers' Club as regularly as possible, Stephanie will attend the ones I can not make.

Future Plans

- **Debenham On-Call**
- Receive phone call / request
- Send email to all Debenham On-Call
- Pass on the details to the person who responds and is able to attend
- Ask for details / check it went okay
- Log into system
- This level of commitment can still be maintained with my new role

Future Plans

- **Carers' Co-op**
- Receive phone call / request
- Send the register of self-employed carers who have a DBS and we have received 2 references for
- Any new self-employed carers, will be put in touch with Christies for training, send a DBS form for them to complete and provide two references.



Thank you

Any questions?

Sam.cage88@gmail.com